



# Tourette Syndrome Youth Ambassador Leadership Training

March 10-13, 2009

Thank you for your interest in becoming a part of the Youth Ambassador program for the Tourette Syndrome Association!

This Leadership Training program is generously funded by Diane and Darryl Mallah in memory of her mother, Eleanor Wachter. TSA is also thankful to Burger King® for contributing to the Youth Ambassador program as well. The Youth Ambassador Program is seeking one youth/parent (or adult guardian) team from each TSA chapter or state not served by a chapter at the Training.

This two and a half-day Leadership Training for teens and their parent/adult guardian will be March 10-13, 2009. The training will be held in the Metro Washington DC area. To be considered for this training program, applications must be submitted to your local Chapter or Region by January 21, 2009. Selected candidates will be notified by January 30, 2009.

## ***What is the Youth Ambassador program?***

The TSA Youth Ambassador Program gives young people with TS, their siblings, friends and classmates the preparation they need to speak about TS before their peers at school, sports leagues, scout troops, camps and after school programs. Understanding and tolerance are the program's goals.

## ***What is the TSA Youth Ambassador Leadership Training?***

The TSA Youth Ambassador Leadership Training is a two and a half-day comprehensive program aimed at training exceptional teen leaders and their accompanying parent/adult guardian to teach others to become TSA Youth Ambassadors.

The preliminary agenda includes:

- support on public speaking
- guidance on how to present the program and presentation logistics
- a talk by one of TSA's leading physicians
- participating in TSA's annual Trip to the Hill, including Congressional Briefing
- ice breakers and other fun activities for the teens

## ***Who should apply to attend the TSA Youth Ambassador Leadership Training?***

Teens 14-19 years of age with or without TS can apply, as long as they are committed to the goals of the program and want to help promote understanding of the disorder. Also, the partnering adult does not need to be the teen's parent – they can be another responsible adult who has the consent of the parent. [Participation in the Youth Ambassador Program.](#)

requires a strong commitment from both the teen and the parent/adult guardian to take the time to be trained and follow through on the program's responsibilities.

***What are the benefits to being a TSA Youth Ambassador?***

This is an excellent opportunity for interested teens to learn public speaking, build friendships with the other teens involved with the program, and represent the TS community by raising awareness through the many Youth Ambassador Program activities.

***What are the April 2009 Training logistics?***

Dates: March 10-13, 2009

Location: Metro Washington, DC area. (Hotel to be announced)

Costs: TSA gratefully thanks Diane and Darryl Mallah for their generous contribution in underwriting the costs of the Youth Ambassador program in memory of Diane's mother Eleanor Wachter. TSA also thanks Burger King for contributing to this program as well.

Items that are provided free of charge by TSA:

- Hotel accommodations for nights of Tuesday, March 10<sup>th</sup>, Wednesday, March 11, and Thursday, March 12<sup>th</sup> for each youth/parent team (additional nights are at own expense)
- Airfare for teen
- Conference-sponsored meals for youth/parent team
- Training program materials
- Ground transportation to Capitol Hill for Trip to the Hill

Items that are at attendees own expense include:

- Non-conference sponsored meals and expenses for youth/parent team
- Airfare for parent/adult guardian\*
- Any nights that are part of an extended stay

***What are the costs if a second team from a Chapter attends at their own expense?***

If a Chapter has additional qualified applications and feels that the Chapter would benefit from sending an additional team (to be paid for entirely by the Chapter or the team themselves), the estimated expense items are as follows:

- Hotel - for 3 nights, plus taxes & city charges
- Program and Meals
- Materials & Trip to Hill transportation
- Airfare and any additional expenses for non-conference related meals and activities.

**Total Estimated Costs: \$2,000**

\* The parent/adult guardian attending the Youth Ambassador training program is responsible for paying for his/her own airfare. If, however, the cost is financially prohibitive, the selected adult may contact TSA to request some assistance. Need must be established.